

Sample audit by CIC Nurses

The team asked the following questions to 27 Children and or carers that attended for Review health assessments over the last 10 weeks.

Ages of children seen

Age	2	3	8	10	11	12	13	14	15	16	17
Number	2	1	1	2	2	2	5	4	1	3	4

Date of last dental check?

21 had dental checks within the last year. 6 forms did not have the date recorded, so it was unclear if the nurse just didn't record date as the child/carer couldn't remember the date, or the child didn't have the check-up. (Question needs to be more detailed on a subsequent audit).

What's important to ensure your teeth remain healthy?

Answers:

If you don't care for your teeth they will fall out.

9 said brushing them. 6 said brushing twice a day. 2 using mouthwash

1 using floss. No sweets. Not too much sweet stuff. Cut down on sugary things. Not too many sweets. Carer said getting her off sugar. No fizzy drinks. Eat properly. Use fluoride toothpaste. Not eating too much sugary food. Not eating too many sweets and chocolate. Healthy eating

What did the dentist say about your teeth?

Dentist had a quick look no concerns.

No problems

Good and strong had fissure sealant

They are good

They are good and healthy

To keep on brushing teeth

Good shape.

Good

Dentist said they are lovely

Floss often health teeth advised.

Brush bottom set better

1 child aged 10 year old with small filling, dentist said there was improvement but slight build-up of plaque.

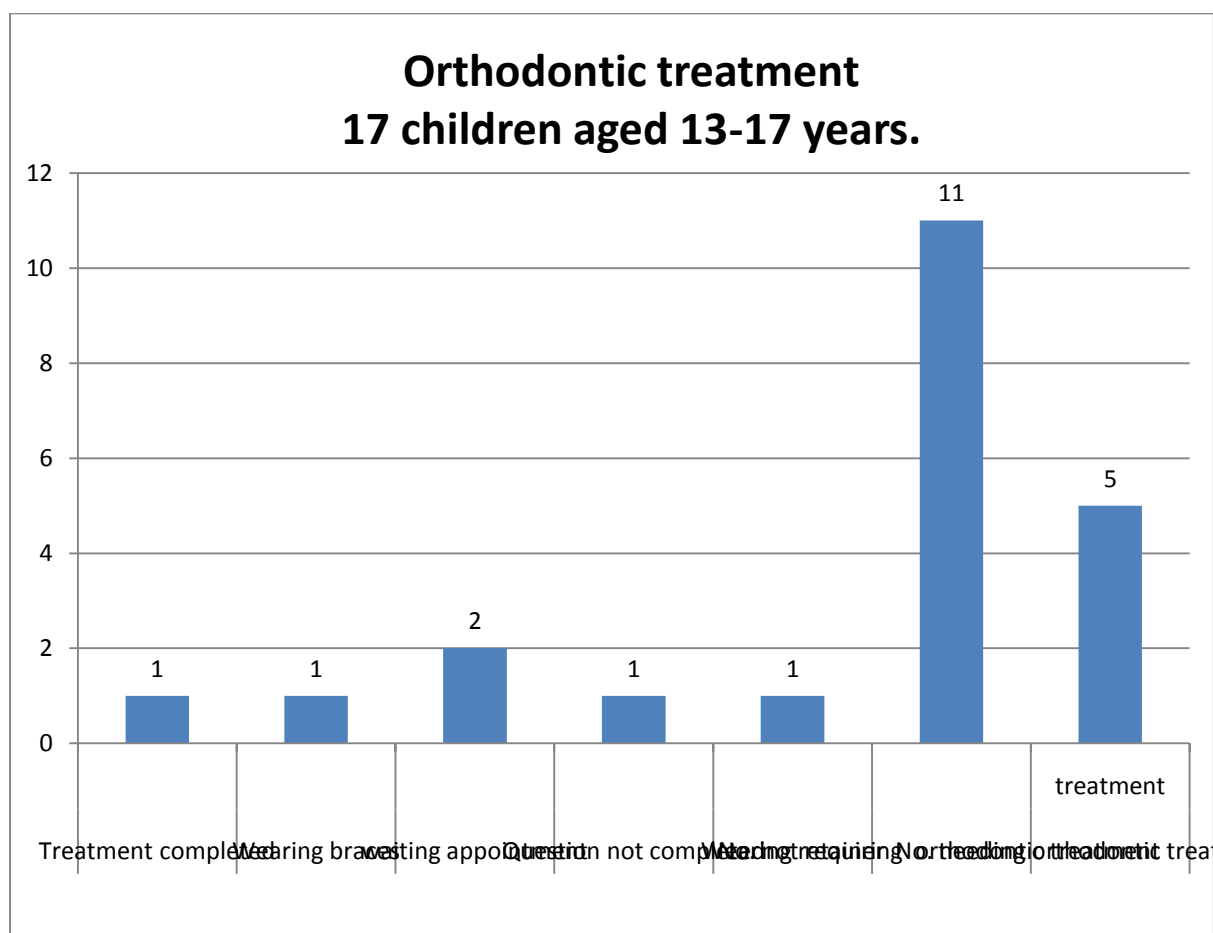
1 16 year old 1 filling and 2 extractions coated with, fissure sealant advice re dental hygiene.

I had teeth removed due to crowding last year.

1 17 year old has a filling.

Older young people

Have you got braces or orthodontics?



Why orthodontics is used ?

Why do so many children seem to be having treatment?

About one third of all children have a demonstrable need of orthodontic treatment and a further third are borderline cases (British orthodontic society)

The benefits of orthodontics can include:

- Correction of dental crowding and straightening of your teeth
- Correction of your bite so the front and back teeth meet evenly
- Reducing the chance of damage to prominent teeth
- Improving your appearance, including your smile

Many people have crowded or crooked teeth or their teeth don't meet correctly when they bite. These problems can mean the teeth are more likely to become damaged or put a strain on jaw muscles.

In some cases, abnormal development of the teeth and jaw can affect the shape of the face.

Orthodontics can also be used to treat other health problems, such as a cleft lip and palate or cases of mild sleep apnoea.

Who can have orthodontics ?

Orthodontic treatment is usually only started after most of a child's adult teeth have started to come through.

This is usually when they're about 12 years old, but depends on the number of adult teeth and the growth of their face and jaws.

Orthodontic treatment for adults can begin at any age, but the treatment options are more limited.

Treatment also won't begin unless you have a good standard of oral hygiene as orthodontic treatment can increase the risk of tooth decay.

Types of orthodontic treatment

Orthodontics mainly uses braces to correct the position of the teeth. Your exact treatment will depend on the problems with your teeth.

In some cases, you may have to wear headgear at night, or have small pins placed temporarily in the jaw as well as a brace. You may also need to have some teeth removed as part of your treatment.

The length of treatment will depend on how complicated the problem is, but it's usually between 18 and 24 months. (Source NHS choices)

Audit tool – Given to child/carer at health assessment

Today's date	Nurse
Date of last dental check?	
How are you looking after your teeth?	
What's important to ensure your teeth remain healthy?	
What did the dentist say about your teeth?	
<u>Older young people</u>	
Do you need to see the Orthodontist?	
Have you got braces or orthodontics?	
Have you had braces removed?	

Lynn Carrington

Designated Nurse Children in Care 20.6.2017
